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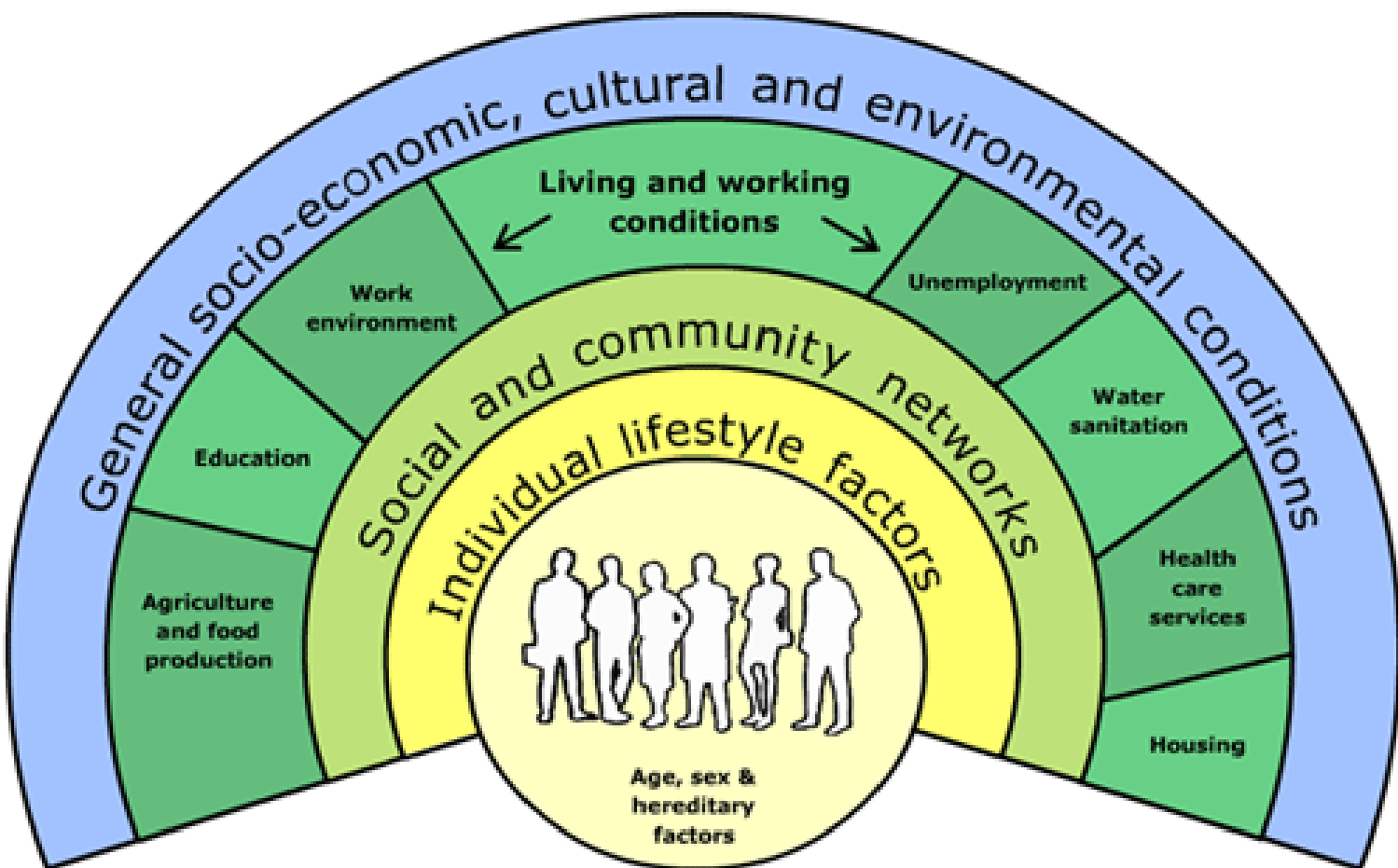
# What is healthy placemaking?

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## The Main Determinants of Health



Healthcare provides about 10% to 20% of the things that keep us healthy, but the overwhelming majority of the factors that keep us healthy are the places where we live and work, and the environment around us.



***“If you look back over the last 150 years, probably more has been done for public health by proper planning... than almost any other intervention other than vaccination.”***

Dr Chris Witty, speaking at a TCPA Conference in 2022

**“The places where people live—homes, neighbourhoods and communities—have a substantial impact on their likelihood of developing preventable health conditions.**

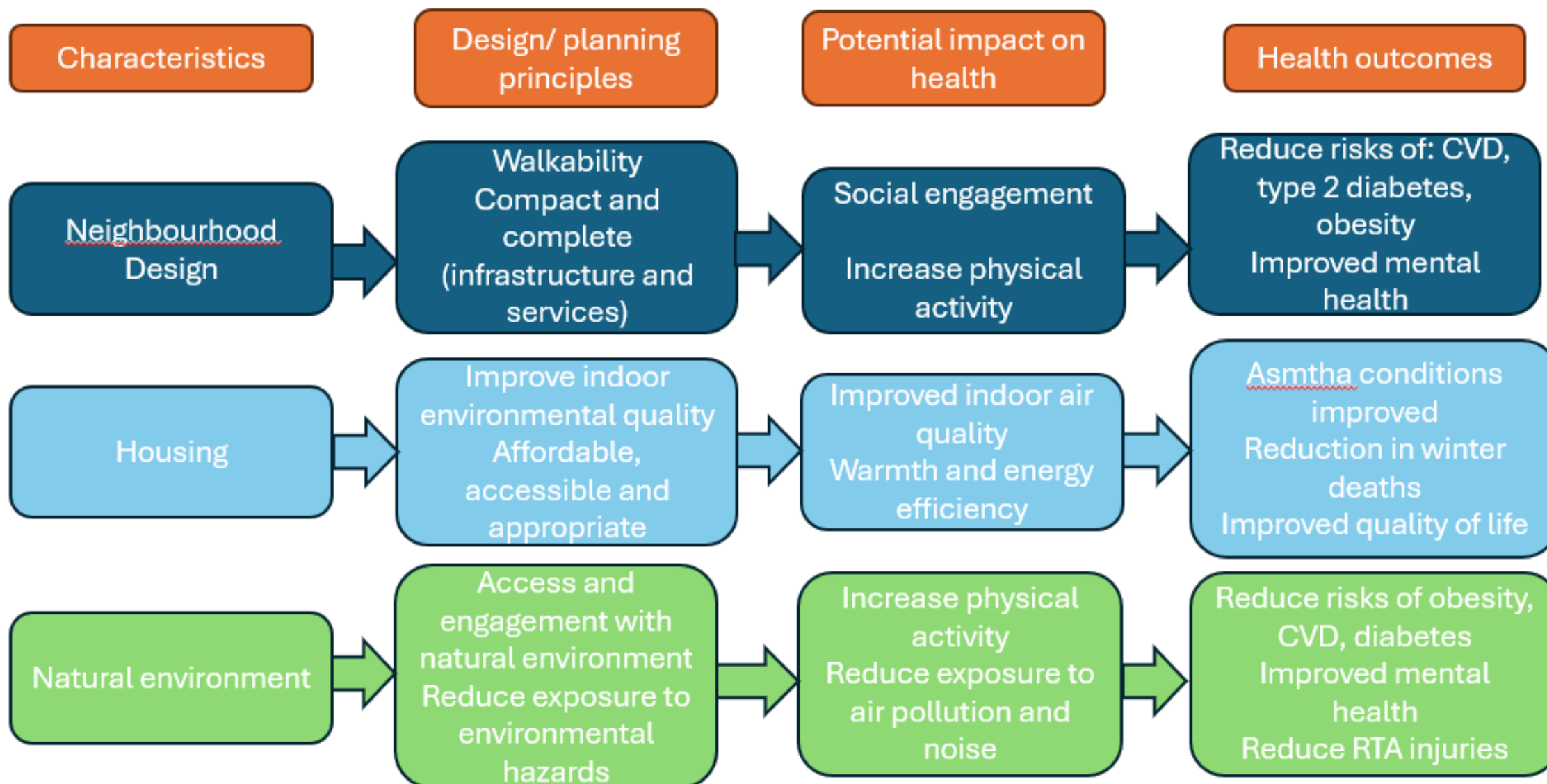
**Place, health inequalities and the likelihood of developing preventable health conditions are inextricably linked.”**

UK Parliament House of Commons report 2023-24

Although planning and placemaking cannot solve all the issues in relation to health and well-being, the role of planning is becoming widely understood.



# Associations between design / planning and health outcomes.



Adapted from Public Health England's [Spatial planning for health](#) evidence review (2017) and Public Health Wales's [Creating Healthier Places and Spaces](#) (2019)

# What does a healthy place look like?



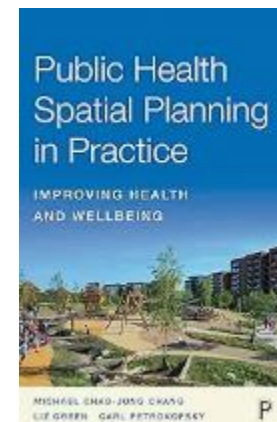
# 'Sunnyside Wellness Village', Bridgend

- Mixed-use brownfield redevelopment: housing (59 units), health and leisure
- Actively integrating positive impacts of good design on health and well-being: creating a healthy and happy community
- Multi-generational living
- Creation of healthy homes and community space across the site
- Enable access to green infrastructure
- New cycle & walking routes
- Primary healthcare centre: GP, dentist & pharmacy
- Community engagement



## Healthy Placemaking: joining up planning and health

“Public health spatial planning in practice is the process of practitioners from any profession working within and across respective systems, structures and policy areas related to the built and natural environment committing to advance the practice of planning for health “



*Chang, M. Green, L, Petrokofsky, C (2022) Public Health Spatial Planning in Practice*

Public health

Healthcare

Urban design

Environmental health

Architects

Planning

Housing

Community development

## Connecting health with planning in Wales

- Local development plans:
  - Health and population needs focused vision & aims
  - Policies which include a health focus, or a standalone health policy
  - Health Impact Assessments (on LDPs, and in LDP policies)
- Local authorities liaising with local health boards (strategic planning and public health primarily): healthcare service planning, LDP preparation (statutory consultee) and planning applications (non-statutory consultee)
- WHIASU / PHW support through guidance, templates and advice



# Thank you



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